



ORGANISED BY NVTG * Working Group Global Mental Health * Uniting Streams * Kenniscentrum Global Health * TROIE

ORGANISERS Rien Gotink, chair congress committee and Esther Jurgens, policy advisor NVTG and Consultant Global Health

CHAIR Rembrant Aarts, Psychiatrist at Mentrum Mental Health, MD Global Health and Tropical Medicine (AIGT)

PROGRAMME PART 1: Global Mental Health - 14.00 - 15.45 hrs

14.00 – 14.05 Introduction and welcome by the chair of the day.

14.05 – 14.15 **Paul Bekkers**,

Special Envoy Mental Health and Psycho Social Support at Ministry of Foreign Affairs.

Introduction on the work of the Ministry of Foreign Affairs in Global Mental Health and Psycho Social Support.

PROGRAMME PART 1: Global Mental Health – 14.00 – 15.45 hrs			
14.15 – 14.45	Joop de Jong, Em Prof of Cultural Psychiatry and Global Mental Health, Amsterdam UMC and Boston University School of Medicine.	Global Mental Health and the role of experts in Global Health & Tropical Medicine.	
14.45 – 15.05	Mark Jordans, Professor of Child and Adolescent Global Mental Health at the University of Amsterdam and Director of Research and Development at War Child Holland, and: Nagendra Luitel, Head of Research Transcultural Psychosocial Organization (TPO) Nepal and PhD Candidate University of Amsterdam.	Jordans and Luiten will present their research and practice in improving mental health care in Nepal, focusing on the integration of mental health into community- and primary health care settings, applying and evaluating guidance from the World Health Organization (WHO).	
15.05 – 15.25	Marit Sijbrandij, Professor of Clinical Psychology, Vrije Universiteit Amsterdam and the World Health Organization (WHO) Collaborating Center for Research and Dissemination of Psychological Interventions.	Evidence of the effect of interventions of lay-counsellor delivered psychological interventions for Syrian refugees in Europe and the Middle East and for prevention of Covid-19 related stress and mental disorders.	
15.25 – 15.45	Claudi Bockting, Professor of Clinical Psychology in Psychiatry, Amsterdam University Medical Center and Co-director Centre for Urban Mental Health.	The evidence for digital intervention for mental health problems in low- and middle-income countries.	
15.45 – 16.00	Break		

PROGRAMME PART 2: NVTG session – 16.00 – 17.00 hrs	
16.00 – 16.30	Uniting Streams, 'turbo talk' parallel sessions – see separate document.
16.30 – 16.45	Awarding ceremony and keynote by the Medalist of the 2021 Sauerwein Medal.
16.45 – 17. 00	Launch NVTG Knowledge Centre Global Health by Joop Raams, chair NVTG and Knowledge Centre.

BIO keynote speakers

Paul Bekkers

Bekkers leads the Taskforce that coordinates the Netherlands contribution to the international efforts addressing the (humanitarian and socio-economic) impact of the pandemic in the developing world. supporting the Minister of Foreign Trade and Development; and as Special Envoy MHPSS he is engaged in advocacy and lobby to enhance awareness and agenda setting of Mental Health and Psycho Social Support (MHPSS).

Paul Bekkers was Chief of Staff and Deputy Head of the Secretariat of the Organisation for Security and Co-operation in Europe from 2016-2020. Before that he served as Ambassador of the Netherlands to Malaysia, and later to Poland and Belarus. Between 2005 - 2009 Paul was Director for Health, Gender and Civil Society at the MFA, at the same time Special Ambassador for HIV/Aids. Earlier in his career he served in Ghana, Zaire, South-Africa and Turkey and in various positions at the MFA in the Hague.

Joop de Jong

Joop de Jong, MD, PhD, is a psychiatrist and psychotherapist. He is Emeritus Professor of Cultural Psychiatry and Global Mental Health at UMC Amsterdam, Adjunct Professor of Psychiatry at Boston University School of Medicine, and Emeritus Visiting Professor of Psychology at Rhodes University, South Africa. He was the founder and director of the Transcultural Psychosocial Organization (TPO), which provided mental health and psychosocial services, especially in post-war and post-disaster areas, in over 20 countries in Africa, Asia, and Europe. Joop de Jong worked part-time as a psychotherapist and psychiatrist with immigrants and refugees in the Netherlands. He has been integrating insights from public and global mental health, psychotherapy, psychiatry, anthropology and epidemiology in community interventions, on which he co-authored 335 papers, chapters and books.

Mark Jordans

Mark Jordans is Professor of Child and Adolescent Global Mental Health at the University of Amsterdam's (UvA) Faculty of Social and Behavioural Sciences. The chair was established on behalf of the War Child Holland Foundation. Jordans is currently director of Research and Development at War Child Holland. In addition, he is Reader in Child and Adolescent Mental Health in Humanitarian Settings at the Institute of Psychiatry, Psychology and Neurosciences, King's College London. Jordans is the founder and senior technical advisor of TPO Nepal, a leading mental health NGO in Nepal.

Nagendra Luitel

Nagendra Prasad Luitel holds Masters' degree in Population Studies from Tribhuvan University, Nepal. He is a final year PhD candidate at University of Amsterdam the Netherlands, and doing his PhD on Integration of Mental Health into the Primary Health Care System in Nepal. N Luitel has been working with Transcultural Psychosocial Organization (TPO) Nepal, as a Research Manager since 2006, co-lead in various mental health research projects and contributed to the development, adaptation, and contextualization of mental health instruments for their implementation in Nepal to improve the validity of epidemiological studies. Central component is also evaluating barriers to delivery of packages of care and challenges to scaling up mental health services.

Marit Sijbrandij

Marit Sijbrandij is Professor of Clinical Psychology at the Department of Clinical, Neuro- and Developmental Psychology (VU). Her research is aimed at the development and evaluation of psychological interventions for mental disorders resulting from experiencing traumatic and adverse events. She has conducted randomised controlled trials in high income as well as in low-income settings worldwide. Furthermore, her research involves the aetiology of mental disorders resulting from trauma, and mechanisms explaining successful treatment of these disorders. She received grants from the EU (H2020), ZonMw, and NWO, amongst others. MS is coordinator of the STRENGTHS project (www.strengths-project.eu), that is aimed to evaluate lay-counsellor delivered psychological interventions for Syrian refugees in Europe and the Middle East. In addition, she is coordinator of the RESPOND project that investigates the effects of the COVID-19 pandemic on mental health and wellbeing across several countries.

Claudi Bockting

Claudi Bockting is Professor of Clinical Psychology in Psychiatry at Amsterdam University Medical Centers and co-director of the Centre for Urban Mental Health at the University of Amsterdam. Her research is focused on common mental health disorders, such as depression. As a fellow at the Institute for Advanced Study (UvA-IAS), she studied the use of complex systems models in order to explore new targets for prevention, treatment and relapse prevention of mental disorders. Additionally, as a fellow at the World Health Organization (WHO), she studied the possibilities of using technology to increase the accessibility of effective psychological interventions worldwide.